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The dilemma was solved when I asked myself two critical questions: "When compared to her classmates, is Elizabeth clearly advanced in this particular content?" Yes. "By virtue of her exceptional ability, is she as entitled to compacting and differentiation as any other student who demonstrated mastery on the pretest?" Clearly, yes again. Therefore, I chose to allow her to work on differentiated activities during social studies. (For more about Elizabeth, see page 41.)

The Meaning of Twice-Exceptional

Although there are several reasons why gifted students fail to achieve at a level compatible with their potential (see page 22), many students in this group are now recognized as "twice-exceptional." Their giftedness coexists with a learning challenge of some sort, most commonly a learning disability, behavioral problem, and/or Attention Deficit Disorder.

These kids have some noticeable academic learning strength, but it may never be recognized as giftedness. Their learning challenge depresses the exceptional learning ability down to the normal range for their age. Since most schools usually stop looking for exceptional educational abilities once a learning deficiency has been identified, their giftedness will probably go unidentified.

Anywhere from 10–30 percent of gifted kids may have some form of learning disability. A study of twice-exceptional students by Sally Reis, Terry Neu, and Joan McGuire led to these conclusions:*

- Many high ability students who have learning disabilities are not recognized for their gifts and may have negative school experiences.
- Traditional remediation techniques like special education classification, tutoring, and/or retention offer little challenges to high ability students with learning disabilities and may perpetuate a cycle of underachievement.
- High ability students with learning disabilities need support to understand and effectively use their strengths.

- Lack of understanding by school personnel, peers, and self may cause emotional and academic problems for students struggling to cope with learning disabilities and giftedness.
- 5. Parents are often the only ones to offer support to their high ability children who also have learning disabilities. They can increase their effectiveness by exploring all available options and advocating for their children from an early age.

Twice-exceptional children may demonstrate one or more of these learning challenges:

- On tests of ability, their scores may show significant discrepancies of 12 points or more between verbal and nonverbal subtests.
- They have large vocabularies which may be deficient in word meanings and the subtleties of language.
- They may be reading significantly below grade level but have a large storehouse of information on some topics.
- They have the ability to express themselves verbally but an apparent inability to write down any of their ideas.
- They may excel at abstract reasoning but seem unable to remember small details.
- They may seem bright and motivated outside of school but have difficulty with traditional school tasks.
- Their slow reaction speed may result in incomplete work and low test scores on timed tests.
- Their general lack of self-confidence may manifest itself as inflexibility, inability to take risks, super-sensitivity to any type of criticism, helplessness, socially inadequate behaviors, stubbornness, and other behaviors designed to distract others from their learning inadequacies.
- They may lack effective organization and study skills.
- Some of these children may have vision problems related to scotopic sensitivity that interfere with their reading ability. Colored overlays or lenses (try gray or yellow first) may help. For more information, contact the Irlen Clinic. See References and Resources at the end of this chapter.

^{*} Reis, Sally M., Terry W. Neu, and Joan M. McGuire. "Talents in Two Places: Case Studies of High Ability Students with Learning Disabilities Who Have Achieved." Research Monograph 95114. Storrs, CT: NRC/GT, 1995.

Children with ADD/ADHD

When people look for children with ADD (Attention Deficit Disorder), they usually expect to see these four characteristics:

- Hyperactivity (high energy).
- Distractibility (inattention and difficulty with concentrating).
- Impulsivity (which may be displayed as blurting or interrupting).
- Disorganization (difficulty in finding materials and finishing tasks).

However, children who have ADD without hyperactivity may:

- Appear lethargic.
- Daydream a lot; seem like "absent-minded professors."
- Be easily distractible and unable to "pay attention"; have a short attention span.
- Have difficulty listening (attention wanders), following directions, and completing tasks or chores.
- Seem unaware of the risks or consequences of their actions.
- Lack social interaction skills; may be characterized as very quiet or shy.
- Pay little or no attention to details; make careless mistakes.
- Appear completely disorganized and forgetful; lose things; be unable to get homework, flyers, or notes to or from home and school.

And children who have ADD with hyperactivity (ADHD) may:

- Behave as if driven by a motor.
- Be fidgety and squirmy; have difficulty sitting still.
- Leave their seat without permission.
- · Run, climb, and move about incessantly
- Blurt or talk excessively; be unable to wait for the teacher to call on them.
- Have trouble sharing; be unable to wait their turn.
- · Intrude on other people's conversation and play.

CAUTION: These behaviors can often appear very similar to behaviors exhibited by gifted students who are not being challenged by the regular curriculum. If a child who possesses some characteristics of giftedness appears inattentive or frequently speaks out of turn, try compacting and differentiation before pursuing a diagnosis of ADD/ADHD. When ADD behaviors are present, accommodating the student's learning style strengths and teaching compensation techniques can often reduce the need to place the child on medication.

According to Dierdre V. Lovecky, Ph.D., director of the Gifted Resource Center of New England:*

Misdiagnosis of AD/HD can occur in two directions. Highly energetic gifted children can be seen as AD/HD, and some gifted children who can concentrate for long periods of time on areas of interest may not be seen as AD/HD even when they are. Thus, knowledge about what is giftedness and what is AD/HD is vital in assessing AD/HD, and in ensuring that gifted children are not misdiagnosed.

Colleen Willard-Holt suggests these questions to ask in differentiating between giftedness and ADHD:**

- Could the behaviors be responses to inappropriate placement, insufficient challenge, or lack of intellectual peers?
- Is the child able to concentrate when interested in the activity?
- Have any curricular modifications been made in an attempt to change inappropriate behaviors?
- Has the child been interviewed? What are his/her feelings about the behaviors?
- Does the child feel out of control? Do the parents perceive the child as being out of control?
- Do the behaviors occur at certain times of the day, during certain activities, with certain teachers or in certain environments?

In May 2000, the American Academy of Pediatrics issued new guidelines for diagnosing ADHD in children ages 6–12. Treatment guidelines are in development. For more information, see References and Resources at the end of this chapter.

^{*} Lovecky, Dierdre V., Ph.D. "Gifted Children with AD/HD." Providence, RI: Gifted Resource Center of New England, 1999.

^{**} Willard-Holt, Colleen. "Dual Exceptionalities." ERIC EC Digest #E574, May 1999.